

Are you cut out to be an Executive Coach?

Ten top questions to help you answer this question:

1. Do you have a genuine interest in other people?
Perhaps you have a natural curiosity and an enquiring mind which lends itself to helping others. Working as a coach can be immensely satisfying and you are using your people skills as part of your toolkit.
2. Would you like to use your business experience to help others?
You can add coaching to your existing skill set or branch out and set up a business as an independent coach.
3. Do you enjoy a challenge?
No two issues are generally the same, but you can build on your experience, skills and intuition to produce amazing results.
4. Do you like variety?
Meeting people, different locations, different circumstances – no two days are the same.
5. Do you enjoy adding to your skills and always look for self improvement?
Continuous Professional Development, whether adding a psychological dimension to your coaching practice or extending your knowledge in a given business area.
6. Do you find the prospect of building new relationships appealing?
Building relationships is an essential part of coaching: listening, questioning, and seeking insights to facilitate deeper understanding.
7. Would you welcome a more flexible working life?
Becoming an independent coach can help you manage your work/ life balance.
8. Do you value being the best coach you can be?
It is essential to seek out accredited training programmes and look for ongoing support and development opportunities once you have qualified. Remember, employers will choose the best candidates. Research the market, attend events, talk to training providers and to other coaches. Most will be happy to help.
9. Do you want a role that helps you learn as much about yourself as about your clients?
Most people say that training to be a coach offers the benefits of learning about themselves which they did not expect and find very rewarding.
10. Would you like to earn money doing something you love?
Often coaches say they enjoy what they do so much they would do what they do for free- how many employees could say this about their work?

Well – Can you see yourself as an Executive Coach? – www.aoec.com