



Gamified simulation training

Introduction to Coaching Skills

Anyone, anywhere, anytime

About the programme

Are you looking for an innovative approach to coaching skills training?

Welcome to our Introduction to Coaching Skills (ICS). We have drawn on over two decades of professional coach training coupled with gamification technologies to bring you an engaging and immersive learning experience.

With the ICS you are in control. You can access the programme whenever you choose, and from the comfort of your own home or workplace. It maximises your time and minimises your carbon footprint. And it's fun!

The interactive in-game scenarios offer multiple choice dialogues, all voiced by real actors. Optimal responses are rewarded with points, and progression to the next stage. Less helpful responses lose points, and the simulation gives feedback and advice on what to try next time, creating a safe environment where play and experimentation are encouraged.

What you will learn

This programme will introduce you to the fundamentals of coaching, including four core coaching skills: listening, questioning, reflecting, and summarising. You will learn these skills through interactive minigames, which you access through the ICS skills app on your mobile device. You will then try out your skills through simulated coaching scenarios, with three different avatars, which you access through your desktop browser.

How you will learn

Through the ICS you can practice and experiment with coaching skills in a safe learning environment. And, you can repeat the skills modules and coaching scenarios to increase your proficiency and your score. On completing the programme (up to 3 hours of play-through) you will have an understanding of what coaching is, familiarity with the core coaching skills, and experience of putting these skills into practice through simulated coaching conversations.

Date and Time

You choose.

Delivery

Mobile device and desktop computer.

Price

This programme is currently available to organisations looking to deliver coach skills training at scale.

Please enquire about rates.

For further information please contact:

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Learning outcomes

- Familiarity with four coaching skills: listening, questioning, reflecting, and summarising
- Insight into what coaching really is, and isn't
- Embedding of behaviour change through repetition
- Awareness of your own communication style
- Understanding of the benefits that a coaching style can bring
- Ability to follow a coaching model
- Confidence to hold a coaching conversation

Who this programme is for

We believe that everyone stands to benefit, both professionally and personally, from developing their coaching skills. This is an entry-level programme, so if you are looking to add coaching skills to your portfolio, hold coaching conversations with colleagues or clients, or simply learn to listen - all via a remote learning environment - then the ICS is for you.

If you are looking for more, the ICS is also a gateway to our suite of highly accredited coach development programmes!

The science behind the learning

To bring this training platform to life we are pleased to have partnered with Attensi who have experts in psychological and behavioural science behind the development of tailored solutions. There is a wealth of evidence to support the gamified learning process.

Gamified simulation mixes authentic, scenario-based training with reward, repetition, and competition. It takes away the emotional barriers of making a real life mistake and you can learn from the mistakes you make without consequences.

Using gamification is a natural way for you to learn. It uses culture, creativity, problem-solving, and challenge to help you engage more with what you are learning. And it supports procedural learning: the kind of learning that sticks.

How it works

Fill in a form, send us an email, or book an appointment for a phone call. We are happy to explore how the ICS will work for you.

Benefits of the programme



Accessible at anytime, anywhere, to anyone

A safe environment for practice



Introduces coaching skills as a foundation for further development

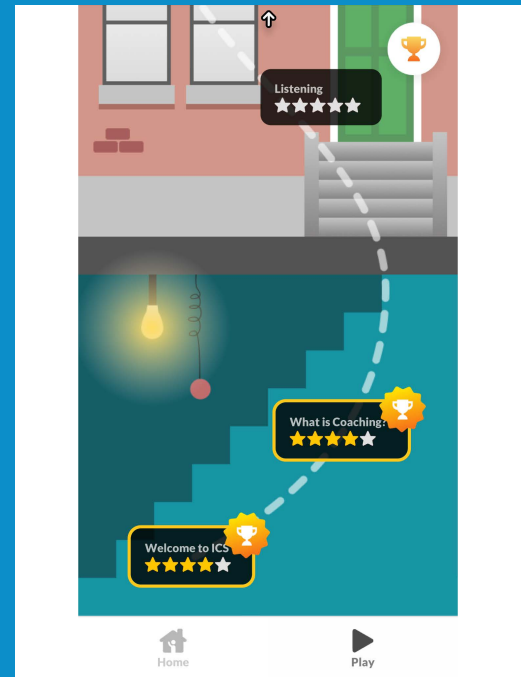


Can be repeated as frequently as you like (up to a year)

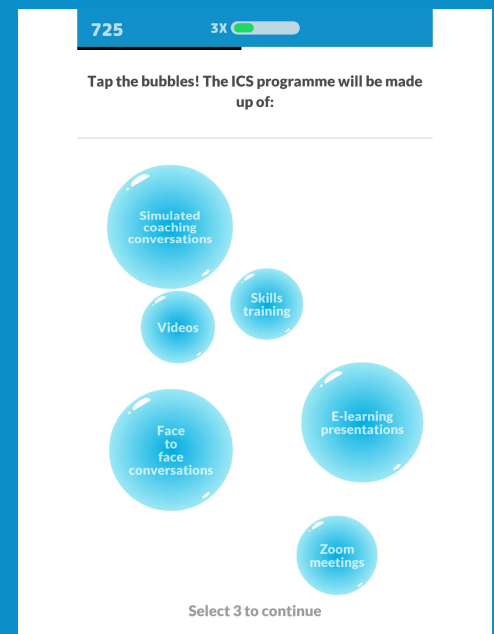
A fun way of learning!

A cost effective way to deliver scaleable coach training to organisations of all sizes

Work your way through the 10 modules



A platform packed full of different minigames



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Unlocking Potential

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