

The Art of Masterful Coaching

with Aboodi Shabi

This workshop will be a thought provoking and stimulating day, offering questions and new perspectives about coaching and the world in which we do our work.

The day will be highly experiential with plenty of coaching and reflective exercises.

Topics we will cover include the relevance of coaching in our times, an introduction to ontological coaching, working with moods and emotions in coaching, working with the body in coaching.

Outline

In this workshop, we will look at how to deepen our capacity to be present to the client, to listen beyond their goals, and to go beyond our techniques in order to serve the client in discovering an authentic articulation of who they are.

About the Workshop

In our increasingly rational culture, we have learned to invalidate that which can't be measured or analysed. We don't value that which makes no sense, or has no apparent purpose. We become fixated on external goals, and are surrounded by tips and techniques and information about how to achieve those goals.

At the same time, people are hungry to find connection and purpose in life, and to make sense of a rapidly changing world. In that context, coaching needs to be about far more than merely using our techniques to help people achieve their goals.

From this perspective, we might say that the human soul doesn't need to be fixed or told what to do next, or given a solution. The human soul longs, perhaps even more than anything else, to express itself and be heard or seen. For that to happen, coaching needs to go beyond the skin-deep, so that our clients can be truly heard, and for coaching to be a transformational force in the world.

In this workshop, we'll be exploring how we as coaches can develop our capacity to be truly present to others and support them in these deeper questions, to be a true witness to the essential core of our clients' being.

“Learn your theories and techniques as well as you can, and then be prepared to set them aside when you meet the miracle of the living soul in front of you.”
- Jung

Dates

20 June 2017

Times

9.15am to 5.00pm

Fees

£250.00 + vat

Venue

Etc.Venues
Bonhill House
1-3 Bonhill Street
London
EC2A 4BX

Booking Procedure

Please fill in an [application form](#) at www.aeec.com

Aboodi Shabi

Born in London of Iraqi Jewish and Lebanese Christian parents, and with a degree in philosophy and politics, Aboodi has a sensitive antenna for different perspectives and a deep curiosity and understanding about people and what makes them tick. He continues to bring this “outsider’s” perspective to his work today, challenging the status quo to bring new perspectives and transformational thinking to his clients and students.

Aboodi's clients value his honesty and his warm yet challenging style, and his capacity to get to the heart of the matter quickly and sensitively, helping individuals and teams to achieve profound and sustainable change.

Aboodi has trained with Coach University, Coach Training Institute, New Ventures West, and Strozzi Institute, as well as Newfield Network, where he served as a programme coach and full course leader. He holds the ICF Professional Certified Coach credential, and is a Newfield Certified Ontological Coach. He has worked with, and trained, thousands of coaches all over the world, and is a regular speaker at coaching events globally. He is a Fellow of the RSA, and on the editorial board of Coaching at Work magazine.

To talk through the details of our programmes and how we can help you, please contact:
Vicky Routledge, +44 (0)20 7127 5125 or at vicky.routledge@aeec.com

Academy of Executive Coaching 8 Northumberland Avenue, London WC2N 5BY

www.aeec.com