

Transactional Analysis

2 day workshop with Rosemary Napper

Eric Berne, a Canadian psychiatrist, originated Transactional Analysis (TA) in the late 1950's, as a theory of communication, personality and systems. It is now globally recognised in the fields of organisational development and education, as well as counselling and psychotherapy.

TA is considered an approach which is easily accessible yet highly applicable to coaches for understanding individuals, communication, relationships with others and with their organisational and private contexts.

Contemporary TA offers:

- a picture of how people are structured psychologically
- models of communication
- theory of child and adult development
- tools for understanding organisations and cultures
- ways of working which emphasise co-creativity and relational impact

Overview of the workshop

This workshop will give a brief overview of the wide-ranging repertoire of TA ideas that the coach may wish to consider in terms of the 5 arenas described below, and provide a more in-depth focus on one TA concept within each:

- the presence of the coach - and the notion of the structural Adult ego state
- the client - and the concept of psychologically inhabited roles
- the relationship between coach and coachee - and the communication between
- the organisational system - and the impact of the culture
- the others in the system - and considering organisational games

Rosemary Napper

Rosemary has been applying transactional analysis since 1990, and has been providing training in TA in Oxford and internationally for others since 1996. She has been working as a coach and mentor since the 1980s providing coach training since the beginning of the 1990s, both internally within organisations and independently. She has also developed a major programme of coach training in Brazil.

Rosemary is qualified in Transactional Analysis in three fields of application - Organisations, Education and Counselling - and is a qualified TA Trainer and Supervisor. She provides supervision and training in each of these fields (all of which within TA can include the coach role). Rosemary has a Masters in adult learning, was a part-time visiting lecturer at Guildford University on the Change Agents Masters programme and at the University of Oxford on the certificate and diploma in psychodynamic counselling and psychotherapy. Rosemary was President of the International TA Association 2009-10.

Dates

6 and 7 June 2018
9.30 am – 5.00pm

Fees

£695.00 +VAT

Venue

Etc Venues Ltd
Bonhill House
1-3 Bonhill Street
London
EC2A 4BX

Dress

Comfortable, casual clothing

Booking Procedure

Please fill in an application form online at:
www.aoec.com

To talk through the details of this workshop and how we can help you, please contact:
Sue Burston, Tel: 01959 569516 email: sue.burston@aoec.com