

Exploring  
**dimensions**  
of coaching  
supervision

## Programme dates

Day one – 1 February 2023  
Day two – 2 February 2023  
Day three – 2 March 2023  
9.00 to 17.00 GMT

## Delivery

via Zoom (all three days)

## Price

£1,800 + VAT per person

The February programme will receive a discounted rate of £1,800 + VAT for virtual delivery. Subsequent programmes are priced at £1,950 + VAT per person.

For in-house programmes in organisations please enquire about rates.

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# How to 'be' a Coach Supervisor

## A Certificate in Executive Coaching Supervision

### About the Certificate

In today's maturing coaching industry clients, sponsors, and accrediting bodies expect their coaches to be in regular supervision. There is growing demand for competent supervisors, and a need for supervisors to demonstrate their commitment to professional development.

Just as supervision is integral to a coach's development and coaching practice so, as a supervisor, you must tend to your own practice and process as well as that of your clients.

We have designed this three-day programme for qualified coaches – in organisational or independent contexts – who are wanting to provide coaching supervision. You will have experience of being in a supervision relationship, but not necessarily as a supervisor.

The course provides a comprehensive introduction to 'being' a supervisor and how to model good supervisory practice. It is designed around the central question, 'What systems am I in and how do I supervise?' and offers an eclectic and experiential approach to exploring the dimensions of coaching supervision.

### What you will learn

On this programme you will be introduced to the AoEC supervision competencies of ethical maturity, systemic thinking, relational presence, and objective calibration, and consider how these competencies are embedded within the supervisory role.

You will learn about the nature of supervision and the role of the coach supervisor; reflect on your own 'psychological systems' and how these influence your approach; consider systemic perspectives and the power of relationship; explore different approaches to 1:1 supervision; and gain insights into group supervision interventions.

Each of the three days will be underpinned by practice sessions, evaluation, and feedback to support your development of supervision skills.

On completing this programme you will have a better understanding of what it means to 'be' a supervisor, how each of the supervision competencies and your personal systems inform your own practice, and how you bring value to your coach supervisees.

## Learning outcomes

- Understanding of the nature of supervision and what it means to 'be' a coach supervisor
- Familiarity with the AoEC supervision competencies
- Insight into the dynamics of group supervision
- Experience of practising and evaluating supervision skills, techniques, and creative interventions
- Ability to identify systems you are part of, and how these might influence you as a supervisor

## Who this programme is for

How to 'be' a Coach Supervisor is for coaches who have been practising for at least a year post-qualification, and who are looking to establish or develop their supervision role. You may be an organisational or an independent coach, and you will have experience of supervision (as either supervisee or supervisor). If you are unsure as to whether this programme is right for you, we would be delighted to have a conversation about your professional development needs.

## How you learn

This creative and experiential programme blends theory, practice, reflection, and demonstration to introduce you to concepts, models, and approaches appropriate for the supervision setting. Small group practice sessions are scheduled for each day of the course, and you will rotate through the roles of supervisor, supervisee, and observer.

The programme runs on a 2 + 1 model: day one and day two are consecutive, and you have a period of practice and self-reflection before day three. You are encouraged to take on a minimum of two supervision clients for the purposes of this programme, and to schedule practice supervision sessions between days two and three.

## Delivery method

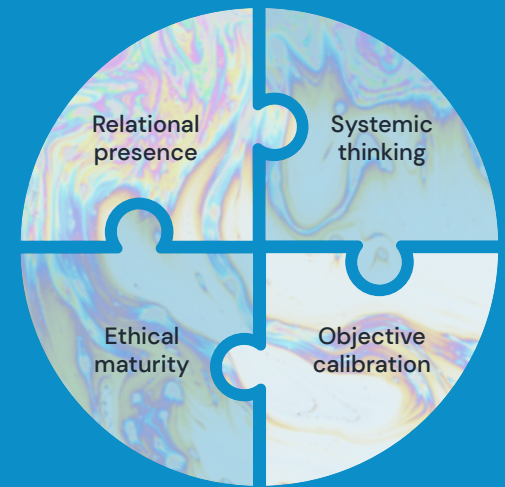
This programme is currently offered virtually on Zoom. Subsequent programmes may be run face to face for days 1 and 2 and day 3 will run virtually via Zoom.

The certificate is also available to run in-house for organisations wishing to develop their internal coaching faculty as coach supervisors. Please contact us for further information.

## Programme faculty

The programme is delivered by two members of AoEC faculty. For the next virtual programme we have AoEC experienced coaches and supervisors John Gray and Sarah Carrington.

# The AoEC Coaching Supervision Competency Model



## Benefits of the programme



Comprehensive introduction to 'being' a supervisor



Small group practice sessions to develop your supervision skills



Provides three days of accredited Continuing Coach Education

## Accreditation



This is a certificate level programme; on completion you will receive a certificate of attendance from the AoEC



Accredited with the International Coaching Federation (ICF) for 21 CCEUs (Continuing Coach Education Units) - 17 Core Competencies and 4 Resource Development.



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