

Six things you can do to stop modern slavery in less than sixty minutes

1

Learn

Know where modern slavery can exist and how it manifests by taking our modern slavery **quiz** or downloading our free **school lesson**.

2

Spot the signs

Take our test to **spot the signs** of someone living in modern slavery and find out what to do if you suspect someone is being exploited.

6

Share

Send information about modern slavery to your friends, families and colleagues, and encourage them to take action too at **antislavery.org**.

5

Use your consumer power

Talk to businesses that you buy from. Ask them how they are practically preventing and remedying slavery in their supply chains.

4

Sign the petition

Help survivors to rebuild their lives in freedom.

Take 2 minutes to **sign our petition** and challenge them.

3

Join the movement to end slavery

For just £5 a month, you could make a vital difference by supporting the partners and projects we help.

Ending slavery is a huge task but we will not stop until it is completed. Here are some simple ways you can take action and be a part of this movement.

Men bringing cocoa pods to a collection area, near Divo, Côte d'Ivoire.