



Climate conscious coaching

Date and time

4, 11 & 18 May 2023
2, 9 & 16 October 2023

09.00 - 16.30 UK time each day.

Delivery

Virtual via Zoom.

Price

£750 + VAT.

50% exclusive AoEC Alumni discount for graduates of GB run diploma programmes.

Log into the **Alumni website** for your discount code.

For in-house programmes in organisations, please enquire about rates.

For further information please contact:

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Coaching in the Climate Crisis

A certificate in climate coaching

About the certificate

Climate conversations have never been more urgent. But how do you bring the climate crisis into your coaching?

This three-day programme is designed for qualified coaches who are concerned about the climate crisis, and who want the space to explore critical questions, including: How do I align my personal values with my professional practice? How do I enhance the authenticity of my coaching? How do I bring climate crisis awareness into my coaching, and increase my impact as a coach on individual, organisational, and societal change?

If you are already asking these questions, you are not alone. There is a growing global community of climate coaches who are refusing to look away as we face climate and ecological breakdown. Whether you are an independent coach or coaching within your workplace, Coaching in the Climate Crisis will support you to reflect on your own climate journey and your relationship to the climate crisis, and consider how you, as a coach, can bring this into the service of your client, their system, and the planet.

What you will learn

This programme is built on the AoEC climate coaching competencies of systemic thinking, coach as disruptor, behaviour change, and insight and self-management.

Within this context we will explore how to be a climate conscious coach; how to have a coaching conversation around climate change; how you can help others have a conversation around climate change; and how and when to introduce climate change into your existing coaching. This programme will also introduce you to a selection of climate coaching models and tools, and consider how to align your own coaching practice with the climate crisis.

Each of the three modules will integrate climate coaching practice and feedback, helping you to develop your competence and confidence when bringing the climate crisis into coaching conversations. By the end of this programme you will understand how each of the climate coaching competencies informs your own practice, and how to be a climate conscious coach.

How you learn

You will be introduced to the latest models, tools, and approaches to climate coaching, but you will also work a lot on yourself: both as a coach and as a human! This work around insight and self-management allows you to embody the climate coaching mindset and stand by your client. Your learning is supported through demonstrations, daily small group coaching practice, and opportunities to establish and maintain connections with nature.

The programme comprises three modules over three days. The modules are scheduled to allow time for reading and reflection between each day. We also encourage you to initiate climate coaching conversations between days one, two, and three to apply your learning and build your experience.

Learning outcomes

- understanding of how to be a climate conscious coach
- awareness of your own position on climate coaching
- insight into a systemic approach to climate coaching
- familiarity with the AoEC climate coaching competencies
- experience of practising and evaluating climate coaching
- clarification of your own coaching ethics

Who this programme is for

Coaching in the Climate Crisis is for qualified coaches who want to bring the climate into coaching conversations and raise climate awareness in their clients. If you are unsure as to whether this programme is right for you, please feel free to get in touch.

Delivery method

All three days of this programme will run virtually via Zoom, as we wish to maximise accessibility for participants and to minimise the carbon footprint.

Coaching in the Climate Crisis is also available to run in-house for organisations wishing to support climate conversations and introduce climate coaching into their portfolio. Please contact us for further information.

Programme faculty

The programme is delivered by two members of AoEC faculty. The faculty are George Warren and John Gray. You can read more about them on [our people](#) webpage.

Benefits of the programme

- an introduction to the emerging field of climate coaching
- a safe space to practice climate coaching conversations
- provides three days of accredited Continuing Coach Education

AoEC Climate Coaching Competencies



Giving back

£100 of Coaching in the Climate Crisis and a Certificate in Climate Coaching will be donated to Cool Earth via Work for Good. This virtual gift represents a donation to Cool Earth's rainforest conservation work and is the approximate value to sponsor a hectare of forest for one year. We will purchase the gift on behalf of each programme cohort.

Accreditation



You will receive a certificate of attendance on completing the course.



This programme is accredited with the International Coaching Federation (ICF) for 19 CCEUs (Continuing Coach Education Units) - 11 Core Competencies and 8 Resource Development.



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