



Gain
confidence
and experience

Team Coaching Fundamentals Certificate

Programmes dates/times

Dates to be released soon

Venue

Via Zoom platform

Price

£1,500 + VAT

In addition to the programme dates shown, the Team Coaching Fundamentals Certificate is available for organisations wanting to develop their in-house coaches to be able to support teams.

Do get in touch if you would like to know more.

Organisation Coaching Services

Karen Smart

[Click here](#) to book a call with

Karen Smart

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Organisation enquiries including

Introduction to Coaching Skills (ICS)

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About the Certificate

More and more organisations today are looking for ways to respond quickly to change and achieve their goals by harnessing the power of teams.

This three-day programme is a thorough introduction to team coaching, created specifically for executive and business coaches who are looking to extend their expertise to coaching teams. It is also suitable for in-house coaches who would like to be able to coach teams in their organisations.

Currently being run virtually, the Team Coaching Fundamentals Certificate provides an opportunity to gain a strong grounding in working with teams and understanding how your existing coaching skills, competences and experience can best translate into supporting teamwork. It also enables you to develop the additional skills and knowledge required to start coaching teams facing the many challenges of the contemporary workplace.

What you will learn

Through a blend of theory, insight, group discussion and practical application, you will learn about the AoEC's team coaching competency model and discover how to draw on the competencies to support a team looking to improve their collective performance. You will discover how teams function at their best, be introduced to a robust model of high-performing teams and clarify the differences between coaching and other ways in which you might work with teams, such as facilitation and training.

You will also learn a model for structuring a team coaching assignment and explore many of the subjects critical to team effectiveness, including team dynamics, systems awareness and the importance of resilience and wellbeing.

By the end of the programme, you will have increased your confidence and competence to start coaching teams – or deepen your existing practice – and be able to describe and discuss team coaching with potential clients.

Topics covered include

- Contracting
- Coaching fundamentals
- What is a team
- Roles played in supporting team development
- Difference between team coaching and facilitation
- Role of a team coach
- AoEC Team Coaching Competency model
- Models of high-performing teams
- Working with team dynamics
- Introduction to systems awareness with teams
- Resilience

Learning outcomes

- Understand what team coaching is and its theories and models
- Learn AoEC team coaching competencies and what they mean in practice
- Increase experience and confidence in using your coaching skills and competencies with teams
- Self-evaluate against competencies required for team coaches and identify your learning edge
- Gain the confidence to offer team coaching in your coaching practice
- Be able to run a team coaching session and lead a team coaching programme involving multiple sessions
- Develop greater capability in responding to different situations and challenges teams and their coaches face

How you learn

Combining theory, participation and practising skills, you will be led by expert faculty who will provide insight as well as personalised advice and feedback to you.

Its experiential style of learning lets you witness and practise team coaching skills from day one and will enable you to incorporate team coaching into your own coaching business or to support teams in your organisation. Your learning takes place in a safe, secure and confidential environment where you can stretch your skills, evaluate yourself against our competencies and grow your confidence working with teams.

Should I do the Team Coaching Fundamentals or Systemic Team Coaching Certificate?

The Team Coaching Fundamentals Certificate is a broad-ranging introduction for coaches who have limited experience of working with teams and want a thorough grounding in the knowledge and competencies required to start coaching teams. It is a generalist introduction based on the AoEC's team coaching competency model which aligns to the ICF's published competencies.

The Systemic Team Coaching Certificate is a specialist programme for people with knowledge of coaching and significant experience of working with teams and team effectiveness tools and theory, but who now want to gain advanced skills in team coaching systemically using the Peter Hawkins five disciplines model. The Systemic Team Coaching Certificate is necessary for progressing onto the Systemic Team Coaching Diploma and also counts as module one.

If you have limited experience of working with teams or of team effectiveness tools and models, you might benefit from participating in the Team Coaching Fundamentals Certificate first as an introduction to the topic and then moving on to the more specialised Systemic Team Coaching training.

AoEC Team Coaching Competency Model



Benefits to your organisation when run in-house



Develop your in-house coaches to work with teams as well as individuals



Provides three-days of Continuous Professional Development to your in-house coaches



Develop a cohort of coaches able to support improvements in your organisation through coaching teams at all levels to achieve their goals and add more value

Accreditation



This is a certificate level programme; on completion you will receive a certificate of attendance from the AoEC



Accredited with the International Coaching Federation (ICF) for 18 CCEUs (Continuing Coach Education Units) - 11 Core Competencies and 7 Resource Development.



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